

# DEPARTMENT OF DENTAL SURGERY GOVERNMENT MEDICAL COLLEGE, KATHUA

Email: - dentalkathua@gmail.com

### **GENERAL INTRODUCTION ABOUT THE DEPARTMENT**

- Dentistry is a branch of medicine that deals with the study, diagnosis, prevention and treatment of diseases, disorders and conditions of the oral cavity. Commonly it deals with the dentition , oral mucosa ,adjacent and related structures particularly in the maxillofacial area.
- Although primarily associated with teeth. The field of dentistry or dental medicine is not limited to teeth but includes other aspects of the craniofacial complex including the temporomandibular and other supporting structures.
- The term dentistry comes from word odontology which comes from ancient greek word odontos which means TOOTH. Thus dentistry means study of the structure, development and abnormalities of the teeth. Because of their substantial overlap in concept, dentistry is often also understood to subsume the now largely defunct medical specialty of stomatology (the study of the mouth and its disorders and diseases) for which reason the two terms are used interchangeably in certain regions.

### **ABOUT THE DEPARTMENT**

- The department of dentistry at GMC Kathua is a fully equipped department with essential facilities to provide comprehensive care to the patients of Kathua and adjoining areas.
- Daily department caters good number of patients for consultation as well as for various minor and major surgical procedures

### **OBJECTIVES OF OUR DEPARTMENT**

- > To provide high quality dental care.
- To focus on prevention of dental diseases by promoting good oral health to all patients.
- > To ensure that treatment adheres to the highest standards of safety and sterilization.

> To provide primarily management and emergency treatment to all emergency patients.

### **MISSION**

Our Mission is to provide highly specialized dental care in setting that always puts patients' needs first.

### **VISION**

- > To achieve the ultimate goal of healthy teeth and pleasing smile for everyone.
- Control and prevention of dental diseases by educating people and motivating them to follow basic dental hygiene.

"Smile is a language of love, smile is a way to get good success, smile is to win the hearts and smile improves your personality". So for good smile brush twice daily.

#### Phone Number Name Designation Email ID S No. Dr. Heena Sadiq Associate 7051406151 Heenasadiqpg@gmail.com 1 Professor Professor Drnikhilwazir@yahoo.com 2 9419186857 Dr. Nikhil Dev wazir 7006966627 Assistant Drshahid.533@gmail.com 3 Dr. Shahid Farooq Professor 4 Dr. Arun K **Dental Surgeon** 8492969888 abhagat03@gamil.com Bhagat Dental Surgeon 9018091399 Dr. ankush2006@yahoo.co.in 5 Dr. Ankush Iasrotia Dr. Shruti 6 **Dental Surgeon** 9906285816 Reshualishba@gmail.com Bhagat 7 Dr. Ankit Senior Resident 9797774863 Dr.ankit004@gmail.com Mahajan

### **INFORMATION ABOUT THE STAFF**

### **ACADEMIC ACTIVITIES AND ACHIEVEMENTS OF STAFF**

- Department trains many dental interns who come to get trained in different dental procedures
- Staff takes lecture and give training to ayurvedic doctors who come under different govt. Scheme
- Staff takes lecture and provide training to anmt student about various dental procedures
- Orgnaized 2 days CDE Program Dentcon 2024 at GMC Kathua on 12<sup>th</sup> and 13<sup>th</sup> November 2024. Where National and International speaker's gave an insight on various Dental Topics like:-
  - 1.3D Obstruation
  - 2. Soft Tissue Laser
  - 3. Curettage
  - 4. Dental Alligners.
  - 5. Contemporary Dentofacial Surgery and Beyond.
  - 6. Manufacturing chair side crown by CEREC System.
  - 7. Loading protocol for implentology.

### **ABOUT THE STAFF**

Dr. Heena Sadiq (Assistant Professor) is a well-trained Dental consultant in the field of oral pathology which deals with precancerous and cancerous lesions and conditions. She has presented many scientific papers and posters in various national and international conferences and has won many best paper awards. She has published various scientific papers and published many books for learning purpose for Graduate and Post-graduate students of Dental community.

### **CME'S SEMINARS, CONFERENCE, WORKSHOPS ATTENDED.**

Dr. Heena Sadiq has attended a numbers of CME's , national and international conferences .she has attended many workshop.

### **LIST OF BOOKS IN THE DEPARTMENT LIBRARY**

> Presently books are in the central library of GMC Kathua.

### LIST OF EQUIPMENT IN DEPARTMENTOF DENTAL SURGERY

Name	Quantity
Front loaded autoclave	03
X-ray Unit (RVG Laptop Ordered)	03
Dental Chair	07
CBDT/OPG Machine	01
≻ X-ray	01
RVG with Laptop	01
VV Chamber	05
➢ Water Distiller	03
Ultrasonic Cleaner	03
Light care unit	05
Compressor	05
Endomotor	03
Soft tissue Lazer	02
External Suction unit	05
Glan bead Sterlizer	05
Needle syringe destroyer	02
➢ Sterlizer	03
Auto Clave	02

### **RESEARCH PUBLICATION OF THE STAFF MEMBERS/PAPER**

## **PRESENTATION /BOOK CHAPTER :- Dr. Heena Sadiq** (Assistant professor)

has published following Books on :-

- ➢ Giant Cells
- > Etiopathogenesis of Autoimmune Disorders
- RotaryEndodontics
- Dental Caries
- > Etiopathogenesis of Oral Submucous Fibrois
- Oral Mycoses
- Textbook on Odontogenic Tumors
- Staging and Grading of Oral Squamous cell carcinoma
- Corticosteriod in oral mucosal Lesions
- > Eptiopathogenisis of Vesiculobullous Lesions.
- All about Flouride (2<sup>nd</sup> Author)
- Dental Caries ( 2<sup>nd</sup> Author)

### LIST OF PUBLICATION OF DR. HEENA SADIQ

- 1. Heena Sadiq, Priti Gupta, Nisha Singh, Sahil Singh Thakar, Ishan Prabhakar, Jyotsana Thakral:- Various Grading Systems of the Oral Epithelial Dysplasia: A Review:- International Journal of Advanced Health Sciences Vol.1 issue 11 March 2015.
- Heena Sadiq, Priti Gupta, Garima Singh, Neha Abrol, Ashish Thakur -Isolation, identification, and Antibacterial Sensitivity of the "STAR" Microorganism of the Infected Root Canal" Enterococusfaecalis:-International Journal of Scientific study May, 2015 vol. 03 issue 2.
- 3. Chitran Dixit, Priti Gupta, Heena Sadiq, Neha Abrol :- Traumatic Bone Cyst of mandible: A case Report with CBCT findings :- IJ Pre Clin. Dent Res 2015; 2(8):1-3 oct-Dec.
- Dr. Heena Sadiq, Puneet Ahuja, Priti Gupta, Garima Singh, Nisha Singh, Priya Anand:- Immuno histochemical expression of p53 and Bc12 in varying grades of Oral Epithelial Dysplasia. I J pre Clin Dent res 2015;2 (8):1-9 oct-Dec
- 5. Heena Sadiq, Rubeena Anjum, Shahid Masood sheikh, Saleeta Mustaq, Monika Negi :-Study of Polarization colour in the connective tissue stroma of the odontogenic lesions and to study the role of Collagen in the expansion of the lesions by using Picrosirius red stain with polarizing microscope, Journal of Oral Medicine, Oral Suregry, oral pathology and Oral Radiology, 2017; 3(3):158-163.
- Dr. Sadiq H, Dr. Anjum R, Dr. Gupta P, Dr. Malik A, Dr. Shaikh Masood S, Dr. Kasana P:- DISCOM in Pathology and what Dentist of j & K Know About It: A Questionnaire Study, international Journal of Medical and Oral Research July-Dec 2017: 2(2):1-7
- Dr. Hina Mahrotra, Dr. Heena Sadiq, Dr. Rubeena Anjum, Dr. Pragya Goyal, Dr. Poojakasana, Dr. Shahid MasoodShaikh:- Crystallize to Definitize Cancer, international Journal of Scintific Research Vol 6 Issue-10 Oct. 2017, ISSN No 2277-8179, IF:- 4.176 IC value:78.46.
- 8. Dr. Azhar Malik, Dr. Heena Sadiq, Dr. Divya Chowdhary, Dr. Sumit Sabharwal, Dr. Nitu Chaubey:- Opinion Among Intern Students Towards Using Of Rotary Instruments and Hand Instruments for Root Canal Treatment, IJMSDR Vol. 2, Issue6; Nov-Dec: 2018; Page No. 25-30.
- 9. Anjum R, Sadiq H , Khajuria N Kour M, Dar S:- Odontogenic tumors: Analysis of 100 cases from jammu and Kashmir, International Journal of Medical and oral Research july- Dec 2017: 2(2):1-4
- 10. Dr. Heena Sadiq, Dr, Rubeena Anjum, Dr. Abhishek Parkash, Dr. Azhar Malik, Dr. Shahid Masood Shaikh, Dr. Pooja Kasana:- Comparative Analysis of p53 & PCNA in Oral Epithelial Dysplasia, Oral Lichen Planus and Oral

Squamous cell carcinoma Study, International Journal of Medical and oral Research july-Dec 2017, 2(2);1-5.

- 11. Dr. Sadiq H, Dr. Parkash A, Dr.Anjum R, Dr. Malik A, Dr. Shaikh Masood S, Dr. Kasana P:- Mast Cell Density in Different stages of Oral Submucous Fibrosis, international Journal of Medical and Oral Research July- Dec 2017; 2(2): 1-4.
- 12. Dr. Animesh Kumar Shivam, Dr. Farrukh Azam, Dr. Heena Sadiq:-Prevalence of Oral Submucous fibrosis among habitual gutkha and areca nut chewers in Dhanabad District, International Journal of Preventive and clinical Dental Research Volume 5, Issue 4 Oct-Dec 2018.
- 13. Dr. Ranjeet Kumar, Dr. Ranjeet Grover, Dr. Vijay parkash, Dr.Vaibhav Kamal, Dr. HeenaSadiq, Dr. Abhishek Prakash:- Cyanoacrylate: An Alternate to DPX Mounting Media for Tooth Ground Sections, JResAdv Dent 2019;9:2:90-94
- 14. Dr. Animesh Kumar Shivam, Dr. Farrukh Azam, Dr. Heena Sadiq:-A Cytological Study of Leukoplakia in Oral cavity at Patliputra Medical College and Hospital College and Hospital, Dhanbad, Internal Journal of Oral care and Research Vol. 7, Issue 1 January-March 2019.
- 15. Dr. Nishu Vakil, Dr. Abhishek Singh, Dr. Heena Sadiq:- Comparative Study of Usefulness of Alvogyl and Zinc Oxide Eugenol After Saline Irrigation for Management of dry socket, Paripex-Indian Journal of Research Vol. 8, Issue-5 May-2019.
- 16. Dr. Nishu Vakil, Dr. Heena Sadiq, Dr. Kimpreet kaur, Dr. Balbir Kaur:-Study of Antimicrobial Efficacy of LineZolid, Lantibiotic (NISIN), and Calcium Hydroxide Against Enterococcus Faecalis Biofilm, Vol.-8, Issue-5, may-2019 (Global Journal for Research Analysis.
- 17. Dr. Heena Sadiq, Dr. Saleeta Mushtaq, Dr. Sahid Shaikh, Dr. Animeh Kumar Shivam, Dr. Priti Gupta:- Aerobic Bacteriological Study and culture Sensitivity pattern of Oral and Key words: Maxillofacial Infection, Indian Journal of Research Vol.-8, Issue-7 July-2019.
- 18. Dr. Heena Sadiq, Dr. Priti Gupta, Dr. Nisha Singh, Dr. JyostnaThakral:-Acantholytic Squamous Cell carcinoma (ASCC) of the Oral Cavity: Report of a Case, J Clin Den Res Edu Jan.-Mar 2015.
- 19. Dr. Rubina Anjum, Dr. Mohammad Shafi Dar, Dr. Mandeep Kour, Dr. Heena Sadiq, Dr. Nidhi Khajuria:- Assessment of relationship between oral potential malignant disorder and blood groups in jammu population: A Study of 50 cases, International Journal of Scientific research Vol.-6, issue-10, Oct-2017, ISSN No-2277-8179.
- 20. Dr. Heena Sadiq, Dr. Ahuja P, Dr. Singh R A, Dr. Thanuja R:- Central Ossifying Fibroma of the Mandible: A case Report

- 21. Dr. Heena Sadiq, Dr. Saleeta mushtaq, Dr. Shahid Shaikh, Dr. Animesh Kumar Shivam, Dr. Priti Gupta. Celluar Telephone As A Pathogen Reservoir: Myth or Fact Volume:- Issue-7 July-2019 ISSN No. 2250-1991.
- 22. Dr. Aseem Sharma, Dr. HeenaSadiq, Dr. AmbujChandana,Dr. SachinUpadhaya, Dr. Ankur Sharma, Dr. Deepak Phor, Comparison of Means of Streptococcus Mutants with Herbal and Fluoridated toothpaste:-IOSR Journal of Dental and Medical Science (IOSR-JDMS) e-ISSN: 2279-0853, p-ISSN: 2279-0861, Vol. 18, Issue 8 ser. 2(August. 2019), PP 89-99
- 23. Dr. Aseem Sharma, Dr. Heena Sadiq, Dr. Ambuj Chandana, Dr. Deepak Phor, Dr. Ankur Sharma, Dr. Gaurav Didhra Comparison of Means of Streptococcus Mutans Count at Different time Interval in stainless Steel Bracket with Herbal and Fluoridated Toothpaste IOSR Journal of Dental and Medical Science (IOSR-JDMS) e-ISSN: 2279-0853, p-ISSN: 2279-0861. Vol -18, Issue 8 Ser. 3(August. 2019),
- 24. Dr. Heena Sadiq, Amani Mahajan, Shahid Shaikh. Cytokeratins in Glandular Odontogenic Cyst-An Immunohistochemical Study of 4 cases ISSN: 1583-6258, Vol.25, issue 6, 2021, pages. 892-896.
- 25. Dr. Heena Sadiq, Cytokinetics in glandular Odontogensis Cyst An IHC study of Care. Annals of the Romanian Society of cell biology.

26. Dr. Heena Sadiq, Pathologies associated with impacted 3<sup>rd</sup> molar in Kathua Population: An observational study

27. Dr. Heena Sadiq, To Study the efficacy of pre-emptive analgesia for pair management in surgical impaction of mandibles third molar .

28. Dr. Heena Sadiq, Prevalence of malocclusion in Kathua district of Jammu & Kashmir. A Cross-sectional Study.

# Professor Dr. Nikhel dev Wazir (Publications)

Professor DI. Nikilei dev wazii	( Publications)	
Name of the authors, titles of the study.name of the journal, year volume	Indexing status of journal / article	First/ second author, earned as , print journal, published or
issue and page number <b>Dr Wazir Nikhel dev</b> ,Dr Hemanee Rathore,	copernicus	accepted Original research article
"the era of nanotechnology" journal of Oral & Dental health2019;5(1):1-4		First author
<b>Dr Wazir Nikhel dev</b> , Rathore H, Choudhary D "Incidence of Apical Periodontitis and frequency of Root canal treatments in Geriatric and Medically compromised patients in Jammu population " Int journal of scientific study <b>2020</b> ;7(10):125-128.	Pubmed	Original research article First author
<b>Dr Wazir Nikhel Dev</b> , Choudhary D, Rathore H " Male and Female patients evaluation of different types of restorations on anterior teeth " Int journal of scientific study <b>2020</b> ,7(11):158-161.	pubmed	Original research article First author
<b>Dr Wazir Nikhel Dev</b> , Choudhary D, Rathore H " An vitro study to evaluate depth cure of bulk fill composite –A comparative study " .Int J of research in Health and Allied sciences <b>2020</b> ;6(2):59- 61.	scopus	Original research article First author
<b>Dr Wazir Nikhel Dev</b> , Rathore H, Choudhary D "Assessment of healing with the use of platelet rich fibrin after periapical surgery: a clinical study " Journal of Research and Advancement in dentistry <b>2020</b> ;10(2):253-256.	scopus	Original research article First author
<b>Dr Wazir Nikhel Dev</b> , Rathore H ,Choudhary D."Efficacy of 2% lidocaine & 4 % Articaine in mandibular first molar with irreversible pulpiitis : a clinical study. " Annals of international medical and dental research <b>2020</b> ;6(3):1-3.	Index Medicus Index copernicus Google scholar	Original research article First author
<b>Dr Wazir Nikhel Dev</b> , Choudhary D." A Comparative Study: Microleakage in Relation to Fourth and Fifth Generation Dentin Bonding Agents." Int Journal of Current Medical and Pharmaceutical Research <b>2020</b> ;6;10(A):5342-5346	Pubmed	Original research article First author
<b>Dr Wazir Nikhel Dev</b> , Choudhary D." A Comparative Study: Microleakage in Relation to Fourth and Fifth Generation Dentin Bonding Agents." Int Journal of Current Medical and Pharmaceutical Research <b>2020</b> ;6;10(A):5342-5346	Pubmed	Original research article First author

<b>Dr Wazir Nikhel Dev</b> , Premlata."Comparison of therapeutic effects of 8 mg Dexamethasone Intramuscular Administered Pre- operatively vs Post Operatively after Surgical Extraction of Impacted Mandibular third molars." journal of cardiovascular Disease Research <b>2022</b> :13(08):3207-3211.	Google scholar Scopus	Original research article First author
Premlata, <b>Wazir Nikhel dev</b> "Retrospective Analysis on the Prevalence of Mandibular Fractures and Pattern "Bio Gecko journal of Newzealand Herpetology <b>2023</b> ;12(01).	Web of science Google scholar	Original research article second author

#### DR. SHAHID FAROOQ BDS, MDS

Asisstant Professor ( department of Dentistry) Government Medical College Kathua ORAL & MAXILLOFACIAL SURGEON & IMPLANTOLOGIST Contact No's: +919797100533, 917006966627 E-mail: drshahid.533@gmail.com

#### **PROFESSIONAL SUMMARY**

A passionate and skilled Oral and Maxillofacial Surgeon and implantologist with extensive knowledge in Oral, Maxillofacial and Dental surgical procedures including Implants, Bone Grafts, Sinus lift Procedures, Minor oral surgical procedures, Cleft lip and palate and Maxillofacial Pathologies and Trauma etc. Also having a **post MDS experience of 6 years** and clinical work experience of more than **8 years** and renowned visiting **consulting Oral and Maxillofacial Surgeon and implantologist**. Besides publishing more than 20 research papers, has also received numerous academic awards and best paper presentations in various Oral and Maxillofacial surgery conferences held at state and national levels.

#### **EDUCATION PROFILE**

- Master of Dental Surgery (MDS) (Gold Medalist) in 2018 Government Dental College & Hospital Srinagar, University of Kashmir, J&K State, India.
- **Bachelor of Dental Surgery (BDS)** in 2012 Government Dental College & Hospital Srinagar, University of Kashmir, J&K State, India.
- Certified Implantology course under Dentium Academy, Korea.

#### CLINICAL AND RESEARCH EXPERIENCE

#### **GRADUATE LEVEL:**

- As Intern 29/06/2011 to 28/06/2012 from Government Dental College & Hospital Srinagar, Kashmir.
- As Junior Resident 08/11/2012 to 08/11/2013 from Government Dental College & Hospital Srinagar, Kashmir..
- As Post Graduate Scholar in Department Of Oral and Maxillofacial Surgery from 1<sup>st</sup> June 2015 to 1<sup>st</sup> June 2018 from Government Dental College & Hospital Srinagar, Kashmir..

#### **POST MDS EXPERIENCE:**

As Registrar / Senior Resident in Department Of Oral and Maxillofacial Surgery from August
 2018 to August 2021 from Government Dental College & Hospital Srinagar, Kashmir.

#### ACADEMIC AWARDS AND HONOURS ACHIEVED

#### **OVERALL MERIT:**

• I<sup>st</sup> topper and Gold Medalist in MDS University examination.

• **3<sup>rd</sup> topper** in **Pre final and Final year BDS** University examination.

#### **SUBJECT WISE MERIT:**

- 2<sup>nd</sup> topper in Oral Pathology, Oral Surgery and Periodontology in University examination.
- **3<sup>rd</sup> topper** in **Pedodontics**, **Orthodontics and Prosthodontics** in University examination
- 1<sup>st</sup> Consolation Prize for Poster Presentation In Workshop On Oral Cancer, Orthognathic Surgery & Dental Implants Title Of Poster Presented: 'General Awareness about Oral Cancer'.

### **CLINICAL SKILLS**

### Expertise in following specialized procedures;

MAXILLOFACIAL TRAUMA: Mandibular fractures, Le Fort, ZMC and Panfacial fractures etc

MAXILLOFACIAL PATHOLOGIES: All Cysts and benign tumours and Biopsy procedures.

**IMPACTIONS:** All types of disimpactions including third molar and canine impactions.

<u>TMJ DISORDERS</u> with special training in TMJ ankylosis, TMJ internal derangements and TMJ dislocations.

OROANTRAL FISTULA / COMMUNICATION CLOSURE (special training in buccal fat pad and DBM bone graft placement) OROFACIAL CLEFTS

### DENTAL IMPLANTS:

- Specialization in all types Of Implants:
- Conventional Implants, Basal Implants, Subperiosteal, Zygomatic and Pterygoid Implants etc.
- Have experince of putting more than 1000 implants with both conventional, Subperiosteal and Basal Implants
- Used Dentium, Osstem, Bioline and Noble Biocare System of Implants

### **OTHER MINOR SURGICAL PROCEDURES INCLUDING:**

- □ Infection management and Incision & drainage of abscesses
- □ Surgical extractions
- $\Box$  Pre prosthetic surgeries
- □ Peri-apical surgeries
- $\Box$  Removal of salioliths
- □ Biopsies

#### EDUCATIONAL PROJECTS AND DESSERTATIONS

#### Master Dissertation

**Buccal fat pad versus sandwich graft for treatment of oroantral communication/fistula:** A **comparative study** supervised by Dr.Ajaz Ahmed Shah, M.D.S., Prof. & Head, Deptt. Oral and Maxillofacial Surgery, Govt. Dental College & Hospital Srinagar.

#### Library Dissertation

Nutrition for the Oral and Maxillofacial Surgery Patient and assessment of changes in Paraclinical Indexes to Internaxillary Fixation: A prospective Study supervised by Dr.Ajaz Ahmed Shah, M.D.S., Prof. & Head, Deptt. Oral and Maxillofacial Surgery, Govt. Dental College & Hospital Srinagar.

#### POSTER AND PAPER PRESENTATIONS

#### PAPER PRESENTATIONS:

- □ Buccal Pad Fat versus Sandwich Graft Technique For Treatment of OAC/OAF: A Comparative Study at 44<sup>th</sup> National Annual Conference Of Association of Oral and Maxillofacial Surgeons of India.
- □ Assessment of Changes in Paraclinical Indices Due To Intermaxillary Fixation at 21<sup>st</sup>MIDCOMS /7<sup>th</sup> Pg Convention of Association of Oral and Maxillofacial Surgeons of India.
- □ Superficial cervical plexus block at 20<sup>th</sup> MIDCOMS /6<sup>th</sup> Pg Convention of Association of Oral and Maxillofacial Surgeons of India
- □ Localized stomatitis causes and treatment at 4<sup>th</sup> JK Science Congress at Srinagar Kashmir.

#### **POSTER PRESENTATIONS:**

- □ A Special Case of Osteomyelitis at 40<sup>th</sup> National Annual Conference of Association of Oral and Maxillofacial Surgeons of India.
- □ **Gunshot injuries in Maxillofacial Region** at **41**<sup>st</sup> National Annual Conference of Association of Oral and Maxillofacial Surgeons of India.
- □ General Awareness about Oral Cancer at Workshop On Oral Cancer, Orthognathic Surgery & Dental Implants.
- □ **Vesiculobullous Lesions** at Exploring New Horizons Of Oral & Maxillofacial Surgery in Kashmir.
- □ Marteaux Lamy Syndrome : Case Report at 2<sup>nd</sup> J&K Medical Science Congress.

#### CONFERENCES, PG CONVENTIONS AND WORKSHOPS ATTENDED

#### **CONFERENCES:**

- 44<sup>th</sup>National Annual Conference of Association of Oral and Maxillofacial Surgeons of India at Bengaluru.
- 2<sup>nd</sup> J&K Medical Science Congress at Srinagar Kashmir.
- Trauma Congress at Srinagar Kashmir.
- **41**<sup>st</sup> National Annual Conference of **Association of Oral and Maxillofacial Surgeons of India** at Ahmadabad.
- **40**<sup>th</sup> National Annual Conference of **Association of Oral and Maxillofacial Surgeons of India** at Amritsar.

- 1<sup>st</sup> Interstate Dental Conference at Srinagar Kashmir.
- Exploring New Horizons of Oral & Maxillofacial Surgery In Kashmir at Srinagar Kashmir.
- 4<sup>th</sup> JK Science Congress at Srinagar Kashmir.

### **CONVENTIONS:**

- 20<sup>th</sup> MIDCOMS /6<sup>th</sup> Pg Convention of Association of Oral and Maxillofacial Surgeons of India at Srinagar Kashmir.
- **21**<sup>st</sup> MIDCOMS /7<sup>th</sup> Pg Convention of **Association of Oral and Maxillofacial Surgeons of India** at Chandigarh.

### WORKSHOPS:

- "Nose Inside Out" A Live Surgical Workshop on "Rhinoplasty & Fess" at Srinagar Kashmir.
- Workshop on Oral Cancer, Orthognathic Surgery & Dental Implants at Srinagar Kashmir.
- Workshop on "Getting Started With Implants with Nobel Replace Select" at Srinagar Kashmir.

### SCIENTIFIC AND RESEARCH PUBLICATIONS

### **Research articles**

- □ Shahid farooq *et al* buccal fat pad versus sandwich graft technique for treatment of oro antral communication/ fistula: a comparative study Acta biomed 2023; vol: 94, N.6:e202262
- Shahid Farooq, Mohd younis bhat, Shahid Hassan, Ajaz Ahmad shah. Survey of the reasons for dental extraction in patients of kashmiri population. Annals of International Medical and Dental Research E-ISSN: 2395-22 | P-ISSN: 2395-814
- Shahid Farooq, Hashim Ahad, Ajaz Ahmad Shah Evaluation of 50 mandibular fracture cases among known population: An observational study. Journal of Advanced Medical and Dental Sciences Research |Vol. 9|Issue 10| October2021.
- Shahid Farooq, Hashim Ahad, Ajaz Ahmad Shah Assessment of efficacy of Er:Cr:YSGG and Alvogyl in the Management of Alveolar Osteitis: A comparative study Journal of Advanced Medical and Dental Sciences Research |Vol. 9|Issue 12| December 2021.
- Shahid Farooq, Hashim Ahad, Ajaz Ahmad Shah Evaluation of effectiveness of Buprenorphine Added 2 % Lignocaine 1:80000 in Postoperative Analgesia After Minor Oral Surgery: An observational study Journal of Advanced Medical and Dental Sciences Research |Vol. 10|Issue 1| January2022

- Bhat MY, Farooq S, Shah AA. Mandibular condylar and angle fractures and their inter relationship with impaction status of mandibular third molar. International Journal of Contemporary Medical Research 2021; 8(9):I6-I8.
- Mohd Younis Bhat, Shahid Farooq, Ajaz Ahmad Shah, Saima Farooq Type of Facial Fractures in two Wheeler Riders with or Without Helmet: A Prospective Study Annals of International Medical and Dental Research E-ISSN: 2395-2822 | P-ISSN: 2395-2814 Vol- 7, Issue-6 | November-December 2021 Page no- 130-134 | Section- Research Article (Dentistry)
- □ **Farooq S et al** Assessment of Changes in Paraclinical Indexes due to Intermaxillary Fixation: A Prospective Clinical Study. Ann Int Med Den Res. 2017; 4(3):DEXX-DEXX.
- Shahid Farooq, Ajaz Shah and Rizwan Hamid. Idiopathic trigeminal neuralgia: A study of 72 cases. Int J Appl Dent. 2018; 4(1): 282-5
- □ Shahid Farooq et al. Traumatic ulcerative granuloma with Stromal Eosinophilia: A clinical study. Int J Appl Dent. 2018; 4(2): 80-2.
- Shahid Hassan, Shahid Farooq, Muneet Kapoor, Ajaz Shah. Comparative Evaluation of Modified Erich's Arch Bar, Conventional Erich's Arch Bar and Intermaxillary Fixation Screws in Maxillo-Mandibular Fixation: Prospective Clinical Study. Int J Med Res Prof 2018; 4(4); 41-5.
- Hakim T, Farooq S et al. Giant Cell Lesions of Jaws A Five Year Study. Ann Int Med Den Res. 2017; 3(6):DE53-5.
- □ Hakim TA, Shah AA, Farooq S *et al.* Unilateral Subcondylar and Condylar neck fractures: Randomized clinical study. Ann Maxillofac Surg. 2018;8:3-9.
- Shahid Hassan, Ajaz Shah, Tajamul Hakim, Shahid Farooq. The healing of dental extraction sockets in patients with Type 2 Diabetes on Oral Hypoglycaemics: a prospective study. Int J Contemp Med Res. 2015; 2(5):1258-61.
- □ Tajamul A Hakim, Ajaz A Shah, Zahoor Teli, Shahid Farooq *et al.*The Safety and Effectiveness of Superficial Cervical Plexus Block in Oral and Maxillofacial Surgery as an Alternative to General Anesthesia in Selective Cases: A Clinical Study. J Maxillofac Oral Surg.DOI 10.1007/s12663-017-1029-4.
- Manzoor Dar, Tajamul Hakim, Latief Najar, Shah e Jahan, Roohie khanam, Shahid Farooq.
  Frequency of Nerve Injuries Following Extraction of Impacted Mandibular 3rd Molars –A
  Clinical Study.IOSR-JDMS DOI: 10.9790/0853-1504011131133.
- □ Shah AA, Hakim TA, Farooq S *et al.* Multiple dentigerous cysts as a rare presentation of Maroteaux– Lamy Syndrome. Ann Maxillofac Surg. 2017;7:282-6.
- □ Kosar S, Shah A, Farooq S *et al*. Osteomyelitis of Maxilla: A rarity. Ann Int Med Den Res. 2018; 4(6): DE05-7.

□ **Tajamul Hakim, Manzoor Dar, Shahid Farooq** *et al.* Management of Palatal Mucosa Necrosis Due To Accidental Sodium Hypochlorite Injection Instead of Local Anesthetic Solution- A Case Report - IOSR-JDMS- DOI: 10.9790/0853-1610017173

NAME	ANKIT MAHAJAN
DESIGNATION	POST GRADUATE (M.D.S)
E MAIL ID	DR.ANKIT004@GMAIL.COM
MOBILE	9797774863
SPECIALISATION	PERIOONTOLOGY
ADDRESS	C/O VIJAY GUPTA WARD NO.22 SHAKTINAGAR, KALIBARI, KATHUA, JAND K (U.T)

#### ACADEMIC DEGREEES

S.NO	TITLE	DURATION	DATE	AWARDED BY
1.	Degree- M.D.S	3 years	2017-2020	Govt. Dental college and hospital, Shimla.
2.	Degree- B.D.S	4+1 years	2004-2009	Himachal Dental college, SunderNagar.

#### **WORK EXPERIENCE**

S.NO.	TITLE		DATE			WORK PLACE
		DURATION				
1.	House Surgeon in the department of ORAL AND MAXILLOFACIAL SURGERY.	1 year	03-05-2012 2013	to	30-04-	INDIRA GANDHI GOVT. DENTAL COLLEGE , AMPHALLA, J AMMU AND KASHMIR U.T
2.	Dental surgeon	5 months and 4 days.	01-06-2013 02013	to	05-10-	Dr. Gaurav Gupta,consultant oral and max-illofacial surgeon clinic O.M.F.S Jammu
3.	Dental surgeon	1 year	05-10-2013 2014	to	04-10-	Dr. Ankush Jasrotia consultant endodontist clinic kathua.

#### **THESIS FIELD OF WORK**

**Thesis Topic-** I have done my post-graduation thesis on topic "Comparitive Evaluation of thick vs thin gingival biotype for the placement of dental implants placement. An in vivo study with six months follow up under the guidance of Dr. Kanwarjiit Singh Asi, Professor and Head of the department of Periodontology, Govt, dental College, Shimla(Himachal Pradesh).

#### LIBRARY DISSERTATION WORK

TOPIC- I have done my post-graduation library dissertation thesis on topic "Osseo integration, A Concept of Linkage with and within bone under the guidance of Dr. Kanwarjiit Singh Asi, Professor and Head of the department of Periodontology, Govt, dental College, Shimla (Himachal Pradesh).

#### LIST OF CONFERENCES ATTENDED. AND PRESENTATIONS

**1.** Attended 42<sup>nd</sup> ISP national conference and presented a poster "New adjunctive of host modulation in periodontology" received certificate of attendance held on 24-26<sup>th</sup> November 2017 at Kolkata.

**2.**Attended 17<sup>th</sup> ISP National PG Convention presented a paper" Surgical templates as guiding tool for dental implants placement", received certificate of attendance held on 16-18<sup>th</sup> march, 2018 in Jaipur.

**3**. Attended  $43^{rd}$  ISP National conference and presented a paper Role of antioxidants before and after Nonsurgical therapy. A case report held on 5-7<sup>th</sup> October, 2018 in Chandigarh.

**4.** Attended 18<sup>th</sup> ISP National PG Convention presented a paper and" Non-surgical Periodontal therapy therapy. A preliminary approach in periodontology held on 19-21<sup>st</sup> April, 2019 in Jaipur.

**6.** Attended 44<sup>th</sup> ISP national conference at Bengaluru in 2019 and presented a paper '' Comparative Evaluation of periodontal status in diseased vs healthy population. An original research study.

**7**. Attended 46<sup>th</sup> ISP national conference held at Orissa and presented a paper "Comparative Evaluation of Chlorhexidine vs Triclosan in reducing inflammatory burden of oral cavity. A comparative research study"

**8.** Attended 47<sup>th</sup> ISP national conference held at Amritsar in December 2023 and presented a paper "Comparative Evaluation of Metronidazole, doxycycline and chlorhexidine before and after non-surgical therapy. A comparative research study"

**9.** Attended State dental conference held at Govt dental College Jammu and presented a paper "Comparative Evaluation of Non-surgical therapy alone or combination of non-surgical therapy along with new host modulating agents. An original research study and received 2<sup>nd</sup> prize in paper presentation

**10.** Attended 48<sup>th</sup> ISP national conference held at Goa in October 2024 and presented a paper '' Bacterial Profiling and periodontal Examination following Sub gingival collection of samples in different age groups before and after Non-surgical therapy. A comparative research study

### **Publications**

**1.**Has 12 international research publications in prestigious journals.

**2.1** Book publication

#### LIST OF CERTIFIED COURSES ATTENDED ORGANISED BY ISP WITH CD POINTS.

 Attended Rapid revision programme (Sameksha –Yamuna agar) hosted by department of periodontology and Oral Implant ology, J.N Kapoor DAV Dental college, Yamuna Nagar from 16<sup>th</sup> to 18<sup>th</sup> January, 2020.
 Attended and received certificate of appreciation for attending a scientific lecture on Current Opinion in biofilm management: redefining prevention, redesigning lifestyle at J.N Kapoor DAV Dental College, Yamuna Nagar department of periodontology and Oral Implant ology from 16<sup>th</sup> to 18<sup>th</sup> January, 202

### LIST OF PUBLICATIONS

AUTHORS	TITLE	JOURNAL	INDEXING	VOLUME	PAGES	YEAR
<b>Mahajan A,</b> Manchanda N	Efficacy of green tea and chlorhexidine mouthwash on gingivitis.A comparative clinical study	Journal of Advanced Medical and Dental Sciences Research	COPERNICUS	Vol.9,Issue12	124-128.	23/11 2021
Bhagat A, Mehta P, <b>Mahajan A</b> , Bansal M, Soni T	Cementossifying Fibroma of the mandible: A case Report.	Baba faridkot University Dental Journal.	COPERNICUS	Volume 11; Issue 1	112-115	17/11/2021
Ankit <b>Mahajan</b> ,Ujwal Singh,Pankaj Kumar	Does Smoking and Alcohol Increase the Risk of COVID-19? A Review	Dental Journal of Advanced Studies.	COPERNICUS			16/11/2021
Mohammed Ahsan Razi, Shandar Siddiqui1 , <b>Ankit Mahajan</b> ,Seema Qamar , Puja Kumari, Soni Kumari	Effectiveness of Platelet-Rich Fibrin in the Treatment of Intrabony Defects with or Without Bone Graft: A Clinical Comparative Study	Journal Of Pharmacy and Bioallied Sciences	PUBMED	Volume 13, Supplement 2		10/11/2021
Deepak Sharma, Shalu Chandna Bathla, Pravesh Kumar Jhingta, <b>Ankit Mahajan</b>	Clinical decision- making in the treatment of periodontitis with new classification system of periodontal diseases			Volume 12 Issue 3	150-160	17/09/2021
Madhura Dattatraya Kulkarnia , Harshawardhan Kadama , <b>Ankit Mahajan</b> , Rohit Singh	Coronavirus disease 2019: the role of telemedicine and teleteaching. A review	Tanta Dental Journal	CROSS REF.	Volume 18, Issue 2	33-37	15/9/2021
Ena Sharma, Deepak Sharma, Amit Lakhani, 1Ankit Mahajan & Rasveen Kaur	Linking periodontal disease with obesity and blood glucose	Bio information	PUBMED	Volume 17, issue 7	691-698	31/07/2021

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<b>Ankit Mahajan</b> , Sonam Kohli,	Oral hygiene practices, dental knowledge, dietary habits and their relation to periodontal health among adults: A questionnaire-based survey	Journal of Advanced Medical and Dental Sciences Research		Volume 9, issue 9	18-23	28/07/2021
Ankit Mahajan ,Harisha Dewan Vijaya Ramrao Kamble , Gowri Swaminatham Pendyala , . Hani patel , Anooja Lall	Effects of Free Gingival Graft Alone or Combination of Free Gingival Graft in Combination with Injectable PRF in The Treatment of Periodontal Defects- An Original Study	Annals Of Romanian Society of cell biology	SCOPUS	Vol. 25, Issue 6,	840-844	08/05/2021
Ankit Mahajan Chandana Nambur SanjuSundeepBhar geva , ShikhaNayar , KameswariKondre dd Rahul VC Tiwari. Heena Tiwari	AwarenessandEvaluation of Role ofPeriodontal StructuresinRelationtoPerimplantHealthamongDentalProfessionals-AQuestionnaire Study	Annals Of Romanian Society of cell biology	SCOPUS	Vol. 25, Issue 6,	10850 - 10853	08/05/2021
RAZI, M. A., ANNAPURNA AHUJA, SEEMA QAMAR, <b>ANKIT MAHAJAN,</b> POOJA MITTAL	Efficacy of 0.2% chlorhexidine gluconate and 0.1% octenidine dihydrochloride mouth rinses in patients with plaque induced gingivitis: Double blinded randomised case control study."	University Journal of dental Sciences	COPERNICUS	Vol. 7, Issue 1	08-16	30/04/2021
Mohammed A Razi , <b>Ankit Mahajan</b> , Seema Qamar , Salil Mehra , Tulika Rani Roy , Puja Kumari	A Comparative Study of Platelet-rich Fibrin (PRF) and Titanium- prepared Platelet-rich Fibrin (T-PRF) in Management of Endo- perio Lesions	Journal of Contemporary Dental Practice	PUBMED	Volume 21 Issue 9		09 /2020
Mohammed Ahsan Razi , Seema Qamar , Adya Singhal , <b>Ankit Mahajan</b> , Shandar Siddiqui , Ruchi Staffy Mohina MinZ	Role of natural salivary defenses in the maintenance of healthy oral microbiota in children and adolescents	Journal of Family Medicine and Primary Care.	PUBMED	Volume 9, issue 3	1603- 1607	26/03/2020